



GUIDE TO ASSISTING PEOPLE WITH NEEDS

This guide is a volunteer, nonprofit effort to help in assisting people with needs. It is not intended to be all inclusive and may contain errors. Aid is fluid and much of the information may become obsolete as time passes.

We urge you to contact any of the cited agencies to be sure your needs are served.

We also recommend that you consult the exhaustive service referral under the auspices of the United Way. The center can be accessed by dialing 211 on your phone. It should be able to provide current, detailed information dealing with numerous needs.

To request additions or corrections to this guide, please email your information to fpcsheffield@comcast.net

Many good citizens and faith based organizations are striving to serve their fellow men and women. The purpose for this publication is to guide them to a launch point so they can move forward in an positive way.

Sheffield First Presbyterian Church
130 East Fifth Street
Sheffield, Alabama 35660
256-383-1717

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1. EDUCATION AND TRAINING FOR JOBS

Alabama Career Center

500 South Montgomery Avenue
Sheffield, Alabama 35660
256-383-5610

Adult Education and CareerLinks - 256-381-0611

Employment Service – 256-383-5610

To file claim for unemployment compensation call 1-866-234-5382 or website is www.labor.alabama.gov. Hearing or speech impaired call 1-800-499-2035. Questions, call 1-800-361-4524.

To seek employment go on internet at www.joblink.alabama.gov. Click "Find a Job" and create an account.

Adult Education

Northwest-Shoals Community College

800 George Wallace Boulevard
Muscle Shoals, Alabama 35661

Donnie Swinney – Adult Testing Director and GED Testing Administrator
256-331-5438 Email: www.dsweeney@nwscc.edu

Free adult education classes and English as a second language classes. Classes are offered days and nights in counties of Colbert, Lauderdale, Franklin, Winston, and Lawrence.

Also free on-line GED classes – 256-331-8175

Free Career Readiness Certification – 256-331-5440

Alabama Department of Human Resources

Lauderdale Office – 256-765-4000

424 Veterans Drive
Florence, Alabama 35630

Colbert Office – 256-314-4900

3105 George Wallace Boulevard
Muscle Shoals, Alabama 35661

Services in addition to education and training:

Public Assistance

Food Stamps

Child Abuse (Weekends Colbert County phone is 256-314-4970)

Child Support

For State action on child support call 256-383-8002 located in Colbert County Courthouse.

Website is www.DHR.ALABAMA.GOV Click on services – click selected program – includes temporary cash; food assistance; job training and child care; protection for adults and children; adoption; prevention of teen pregnancy; prevention of domestic violence; children's health insurance; option to abandon a newborn

Northwest-Shoals Community College

Shoals Campus – Financial Aid
800 George Wallace Boulevard
P.O. Box 2545
Muscle Shoals, Alabama 35662
256-331-5364 or 256-331-5368
Fax: 256-331-5228

College Programs – www.nwsc.edu

Talent Search Program

Colbert County - 256-331-5348.
Lauderdale County - 256-331-5499.
Fax: 256-331-5389.

Ask about your school. Available at various schools, sixth through twelfth grades. Services include occupational skills training; basic skills and GED preparation; college assistance; tutoring; counseling; career assessment; employment assistance.

Youth Success Program

256-331-5468
Fax: 256-331-5389

Northwest Alabama Council of Local Government (NACOLG)

103 Student Drive
Muscle Shoals, Alabama 35661
256-389-0530 or 1-800-243-5463

Information about Medicare Plans, Medicaid, Assisted Living, Employment, Health, Housing, In-Home Personal Care, Nutrition, Prescriptions, Respite Care, forms for Food Stamps

Also, offers support for caregivers of adults age 60 and over or suffering with Alzheimer's or other dementia and caregivers age 55+ caring for children age 18 and under or with a severe disability, limited funds are available for handicap ramps to be built.

NACOLG serves local senior centers.

NACOLG Transit

P.O. Box 2603
Muscle Shoals, Alabama 35662
256-314-0047

Call for rates. Service is available Monday through Friday, 7:00 a.m. to 5:00 p.m. You can book a ride as late as 3:00 p.m. the business day before your requested day.

At present, if a ride is needed to a location outside the area, see if a waiver can be obtained from Medicaid if the party is on Medicaid.

Alabama Cooperative Extension System

Colbert

Colbert County Courthouse

Danny McWilliams – County Coordinator

256-386-8570; 256-386-8571; 256-386-8572 Fax: 256-383-2251

4-H, nutrition education, family resource management, starting home based businesses, money management, etc. Will design a program if enough interest.

Lauderdale

802 Veterans Drive

Florence, Alabama 35630

Chris Becker – State Extension Agent

256-766-6223

www.cmb0034@auburn.edu

Lauderdale has a community garden.

Rehabilitation Services – Easter Seals

1450 East Avalon Avenue

Muscle Shoals, Alabama 35661

256-381-1212 Fax: 256-314-5105

www.eastersealsnwal.org

Physical and speech therapy; vocational evaluations; work adjustment; job readiness and development; career exploration; adult education; work services and work shops; hearing services

Northwest Alabama Reading Aides

501 N. Seminary Street, P.O. Box 391

Florence, Alabama 35630

256-766-5709

www.nwalreadingaides.org

Mission is to provide individualized instruction in ESL, reading, writing and English language skills to adults 16 and over in our area.

The Arc of the Shoals

P.O. Box 501

100 Lamar Avenue

Tuscumbia, Alabama 35674

256-383-1472 Fax: 256-383-1486

www.thearcoftheshoals.org

Strives to improve the quality of life for persons with developmental disabilities and their families.

Offers adult training center, work center supported employment program, residential services, recreational programs.

Against All Odds

Leslie Rager – 256-483-2485

www.leslierager64@gmail.com

Deals with homelessness, housing, employment assistance, food stamps, disability applications.

Digital Hub

4th Floor Wayne County Courthouse

Waynesboro, Tennessee 38485

Sarah Cook – 931-676-3444 Cell: 931-722-4154

Teaches how to work online for profit.

Co Arm

Town Plaza

500 South Montgomery

Suite 138

Sheffield, Alabama 35660

Bobby Mose McClean

256-383-2938

Tutoring

Helping Open People's Eyes (H.O.P.E.)

119 Veterans Drive

Florence, Alabama 35630

256-762-3353

www.danieljackson.hope@gmail.com

President: David Johnson

Tutoring and mentoring for City of Florence students.

2. AGENCIES OR COMPANIES THAT SEEK JOBS

Alabama Career Center (See Page 3)

Dynamic Staffing

1100 Woodward Avenue
Muscle Shoals, Alabama 35661
256-383-5798

Elite Employment Connections

2628 Hough Road
Florence, Alabama 35630
256-275-4060

Snelling Personnel Services

1102 Bradshaw Drive
Florence, Alabama 35630
256-760-8033

Snelling Staffing

883 Florence Boulevard
Florence, Alabama 35630
256-768-1014

Epsco

1409 East Second Street
Sheffield, Alabama 35660
256-383-0776

Kelly Services

256-767-9077

Lyons HR

600 Tennessee Street
Florence, Alabama 35630
256-767-4562

Shoals Chamber of Commerce

20 Hightower Place
Florence, Alabama 35630
256-246-2900

Has job board at [www.shoalschamber.com/shoals jobs](http://www.shoalschamber.com/shoalsjobs)

Job website for Tennessee Valley:

www.tnvalleyjobfinder.com

Consult local newspapers.

3. UNEMPLOYMENT COMPENSATION

Alabama Career Center (See Page 3)

Sources to assist someone making a claim.

NACOLG (See Page 4)

Alabama Department of Human Resources

4. FOOD STAMPS

Alabama Department of Human Resources (See Page 3)

Sources to assist someone making a claim.

NACOLG (See Page 4)

Against All Odds (See Page 6)

Loaves and Fishes Warehouse – Christ Chapel

3102 Northington Court

Florence, Alabama 35633

256-767-1080 (Call for hours of operation.)

Sheffield First Presbyterian Church

130 East Fifth Street

Sheffield, Alabama 35660

256-383-1717

Has applications for food stamps. Limited funds for groceries, lodging, rent/house payment, utilities, travel, vehicle repairs, medical and pharmaceutical needs, clothing or lodging deposits, dental.

5. UTILITIES

Sheffield Utilities

Nashville Avenue
Sheffield, Alabama 35660
256-389-2000
Eric Gifford – over accounts
256-246-2700
www.egifford@sheffieldutilities.org

Tuscumbia Utilities

202 East Sixth Street
Tuscumbia, Alabama 35674
256-383-0321
Brooke – over accounts

Muscle Shoals Utilities

1015 East Avalon Avenue
Muscle Shoals, Alabama 35661
256-386-9290

Florence Electrical

110 West College Street
Florence, Alabama 35630
256-740-6045

Sources that might help with utilities

Community Action Agency of Northwest Alabama

Lauderdale County
745 Tompson Street
Florence, Alabama 35630
256-766-4330
www.caanw.org
Jackie Baker

Colbert County
505 North Columbia
Sheffield, Alabama 35660
256-383-3832

Programs in addition to utilities:

Family development and programs for fatherhood, mothers, sons, daughters

Housing counseling and weatherization

Energy assistance including help with energy bills

Gardening – distribute seeds, plants, fertilizer

Meals on Wheels. Also, PETS which is food for pets of Meals on Wheels clients.

The Salvation Army

1601 Huntsville Road
Florence, Alabama 35630
P.O. Box 728
Florence, Alabama 35631
256-764-4432 Fax: 256-764-4538
Major Sue Dorman

Have used clothing, furniture and appliances on Court Street in Florence and in Town Plaza Shopping Center in Sheffield.

Have 52 beds for families and male/female separate beds.
Meals for anyone on Sunday's lunch and most nights.

Perform disaster relief and fire assistance.

Offer assistance with rent, utilities, clothing, groceries.

Sheffield First Presbyterian Church (See Page 8)**Colbert Caring Center**

102 N. Water Street
Tuscumbia, Alabama 35674
256-381-8464

Utility bills, groceries, non-narcotic prescriptions

Cross Point Church of Christ

1350 Cox Creek Parkway
Florence, Alabama 35630
256-764-4073

Lauderdale residents only. Assistance with utilities if referral from Community Action; household items, furniture, appliances

Heavenly Grace Ministries (See Page 14)**Sheffield First United Methodist Church**

701 N. Montgomery Avenue
Sheffield, Alabama 35660
256-383-2124

Up to \$50 on rent for Colbert County residents, if referred; up to \$50 in utilities in Sheffield, Tuscumbia, and Muscle Shoals, if referred from another agency; prescription account for Colbert County residents at Medical Center Pharmacy up to \$50 – must have referral.

First Baptist Church of Cherokee

256-359-4325

Assistance for utilities in Cherokee area; food, sheets, furniture to those who have lost homes.

Help Center

621 South Court Street
Florence, Alabama 35630
256-766-7663

Lauderdale residents only. Help with utilities - \$50 limit twice yearly; \$25 voucher for Florence Clinic dental clinic; voucher program for prescriptions with limits; household items; food

6. PUBLIC OR SUBSIDIZED HOUSING; HANDICAP RAMPS

Sheffield Housing Authority

505 North Columbia Avenue
Sheffield, Alabama 35660
256-383-4773, 256-383-4659

Deals with public housing; Section 8; Subsidized housing. Contact to see if programs for families or youth are offered.

Florence Housing

303 North Pine Street
Florence, Alabama 35630
256-740-5200

Deals with public housing; Section 8; Subsidized housing. Contact to see if programs for families or youth are offered.

Tuscumbia Housing Authority

106 South Main Street
Tuscumbia, Alabama 35674
256-381-0915

Deals with public housing; Section 8; Subsidized housing. Contact to see if programs for families or youth are offered.

Habitat for Humanity

1120 N. Royal
Florence, Alabama 35630
256-760-9515

Builds limited number of homes and handicap ramps. Must make application.

Habitat for Humanity Restore

256-764-4494

Sells used furniture and appliances.

Riverbend Center for Mental Health

635 W. College Street
Florence, Alabama 35630
256-764-3431
www.rcmh.org

Outpatient services are provided to children and adults who are experiencing psychiatric, adjustment, substance abuse and behavioral problems that require diagnostic evaluation and/or treatment. There are also residential programs designed to equip clients to live independently in the community. Child programs include summer day camp and preschool day treatment.

Sheffield First United Methodist Church (See Page 10)

Sheffield First Presbyterian Church (See Page 8)

NACOLG (See Page 4) Limited fund for handicap ramps.

The Arc of the Shoals (See Page 5)

7. SHELTER FOR THE HOMELESS

The Salvation Army (See Page 10)

NACOLG (See Page 4)

Against All Odds (See Page 6)

Colbert Lauderdale Attention Home

Colbert Residence
1400 NE 25th Street
Sheffield, Alabama 35660
256-381-5042

Boys home in Sheffield. Temporary housing for at risk children ages 10 to 18.
Referred by Family Court System.

Lauderdale Business
803 Plum Street
Florence, Alabama 35630
256-764-0784

Girls home in Florence. Temporary housing for at risk children ages 10 to 18.
Referred by Family Court System.

North Alabama Christian Children's Home

6372 County Road 63
Florence, Alabama 35634
256-757-4212 Fax: 256-757-7484

A group residential home licensed by Alabama to provide 24/7 care for up to 33 children.

Colbert County Girls Ranch

4450 Ligon Springs Road
Russellville, Alabama 35654
256-331-3813

www.colbert@sheriffsranch.org

Any custodian can refer a child. Call 1-800-548-4256.

Safeplace

P.O. Box 1456
Florence, Alabama 35631
256-767-3076

www.nwalsafeplace.org

Help Line: 256-767-6210; 1-800-550-9215

Housing, clothes and food

Care management

Support groups

Children's services

Sheffield First Presbyterian Church (See Page 8)

Heavenly Grace Ministries

505 East Second Street
Sheffield, Alabama 35660
256-314-5969 Fax: same

Assistance with utilities and rent when funds are available. Free physician services by appointment. Drug free 19 bed transitional home for men. Clothing and furniture bank.

Homeless Care Council of Northwest Alabama

118 East Mobile Street
Florence, Alabama 35630
256-764-5892

www.homelesscarecouncil.wix.com/hccnwal

Coalition to solve the problems of homelessness.

This past year operated homeless shelter at Room At The Inn Shoals in the winter at Florence Presbyterian Church.

www.roomintheinnflorence@gmail.com

8. MEDICAL CARE

Alabama Medicaid Agency

1-800-362-1504

There is a Florence office in the Keystone Building.

NACOLG (See Page 4)

Provides information on Medicare and Medicaid.

Alabama Department of Human Resources (See Page 3)

Information on children's insurance.

Loaves and Fishes Warehouse

Helen Keller Hospital

1300 South Montgomery Avenue

Sheffield, Alabama 35660

256-386-4196

www.helenkeller.com

It is a non-profit healthcare facility.

Departments include ambulance; cardiac cath lab; cardiac rehab; cardiopulmonary; dieticians; emergency services; imaging; infusion services; intensive care; pediatrics; lab/pathology; cancer institute; outpatient surgery; rehab and sports medicine; sleep disorders; wellcare center; women's center; working fit

It has a nonprofit foundation and a hospitality house for overnight lodging.

Eliza Coffee Memorial Hospital

205 Marengo Street

Florence, Alabama 35631

256-768-9191

www.ecmhospital.com

Renaissance Center for Emotional Health

256-786-9128 Fax: 256-768-9127

Colbert County - Shoals Hospital

201 Avalon Avenue

Muscle Shoals, Alabama 35661

256-386-1600

These are for profit hospitals and need to be contacted directly if patient seeks discounted or indigent services.

Health Departments

Colbert County Health Department

1000 South Jackson Highway
Sheffield, Alabama 35660
256-314-6435, 256-383-1231

Lauderdale County Health Department

4112 Chisholm Road
Florence, Alabama 35630
256-764-7453

Home Health

1000 South Jackson Highway
Sheffield, Alabama 35660
256-383-1234, 256-383-1231

Services:

Family Planning – Go to health department or call 1-800-545-1098. Medical exams and tests; counseling and education on birth control and supply of birth control methods.

WIC – Supplemental food and nutritional education program for limited income women and children up to age 5 years.

Child Health Services – Medical exams and tests to age 21 years.

Immunizations and vaccines.

Testing for pregnancy, tuberculosis, cancer, sexually transmitted diseases.

Case management and community waiver services.

All Kids insurance and home health care.

Vital records.

Shoals Community Clinic

309-B Handy Homes
Florence, Alabama 35630
256-760-4713 Fax: 256-760-4728
www.shoalscommunityclinic.org

Dental Clinic Services – must be 18-64 years of age – without regular dental care provider and without benefits. Perform tooth extractions and other services.

Health Clinic Services – must be 18-64 years of age – employed or actively seeking employment or enrolled in school – must be without a regular healthcare provider and without healthcare benefits. Includes physical examinations; treatment of common and chronic diseases; laboratory; some medications; diabetes assistance; referrals to specialists.

Wellness Clinic Services – screening and testing; vaccinations; programs for women.

Alabama Department of Human Resources (See Page 3)

NACOLG (See Page 4)

Rehabilitation Services – Easter Seals (See Page 5)

Sheffield First Presbyterian Church (See Page 8)

Colbert Caring Center (non-narcotic prescriptions) (See Page 10)

Heavenly Grace Ministries (See Page 14)

Sheffield First United Methodist Church (prescription drugs) (See Page 10)

Help Center (voucher for prescriptions) (See Page 11)

9. DENTAL SERVICES

Shoals Community Clinic (See Page 16)

Sorrell Dental

310 West Elm Street
Athens, Alabama 35611
256-262-0200

A non-profit for children ages 1-20 with Medicaid or All-Kids.

Sheffield First Presbyterian Church (See Page 8)

Help Center (See Page 11)

10. LOCATIONS TO PURCHASE OR ACQUIRE USED FURNITURE AND APPLIANCES

Salvation Army (See Page 10)

Habitat for Humanity (See Page 12)

Cross Point Church of Christ (See Page 10)

Heavenly Grace Ministries (See Page 14)

First Baptist Church of Cherokee (See Page 10)

Help Center (See Page 11)

11. SOCIAL SECURITY

Social Security Office

203 South Walnut
Florence, Alabama 35630
1-800-772-1213
1-855-884-4307

Assistance for Deaf

203 South Walnut
Florence, Alabama 35630
1-800-325-0778

Against All Odds (See Page 6)

Loaves and Fishes (See Page 8)

12. PROGRAMS FOR CHILDREN, FAMILIES AND SENIORS

Senior Centers

Sheffield Senior Center

303 East Second Street
Sheffield, Alabama 35660
256-386-5636
Angie Roberts, Manager

Lunch every day, Monday-Friday, for seniors 60 years or over. Will deliver to Sheffield residents who are 60 years or over (if qualified). A \$1.00 donation is requested but not required. Have a vegetable garden. A variety of activities provided.

Tuscumbia Senior Center

601 N. Commons
Tuscumbia, Alabama 35674
256-386-5660; 256-386-5659
Linda Campbell, Manager

Florence Senior Center

450 Country Club Road
Florence, Alabama 35630
256-760-6668
Wanda Whitley, Manager

Muscle Shoals Senior Center

994 Gattman Park
Muscle Shoals, Alabama 35661
256-386-9280
Betty Williams, Manager

There are 7 senior citizen centers in Colbert County and 7 senior citizen centers in Lauderdale County. For full list call NACOLG at 256-389-0530.

Big Brothers/Big Sisters of the Shoals, Inc.

505 North Columbia Avenue
Sheffield, Alabama 35660
256-248-1931
Gina Mashburn : gina@bbbsshoals.org
www.bbbsshoals.org

Offers 2 primary mentoring programs. Community based and site based (school).

Cramer Children's Center

404 West Tennessee Street
P.O. Box 1336
Florence, Alabama 35630
256-760-1140 Fax: 256-764-3164

Deals with child abuse. Referrals are only taken from Department of Human Resources, law enforcement investigators or by court order.

First Teacher

Same building as Cramer Center. Same phone number and fax number.
Educator is Linda Waide: 256-366-7057.

Only serves Colbert County.

Service is from pregnancy to age 5.

Provides certified parent educators for improving parenting skills, improving family health and safety and promotion of general family improvement.

Alabama Department of Human Resources (See Page 3)

Alabama Cooperative Extension Systems (See Page 5)

Rehabilitation Services – Easter Seals (See Page 5)

Community Action Agency of Northwest Alabama (See Page 9)

The Salvation Army (See Page 10)

If inquirer lives in public housing, inquire directly about programs at housing authority office.

Riverbend Center for Mental Health (See Page 12)

13. FAMILY PLANNING AND BIRTH CONTROL

Plan First

1-888-737-2083

A family planning program for women ages 19-44.

Alabama Department of Human Resources (See Page 3)

Health Departments (See Page 16)

14. ADOPTIONS

AGAPE of North Alabama, Inc.

P.O. Box 127

103 Mountain Brook Boulevard

Madison, Alabama 35758

256-859-4481 (Emergency 256-767-1084)

www.agapecares.org

Assists pregnant female who wants to give child up for adoption.

Alabama Department of Human Resources (See Page 3)

15. FAMILY VIOLENCE AND CHILD ABUSE

Alabama Department of Human Resources (See Page 3)

Riverbend Center for Mental Health (See Page 12)

Colbert Lauderdale Attention Homes (See Page 13)

Safeplace (See Page 13)

Cramer Children's Center, Inc. (See Page 19)

16. SUBSTANCE ABUSE

Freedom House

P.O. Box 1020
Rogersville, Alabama 35652
256-247-1222 Fax: 256-247-1226
www.ashleyberrios@outlook.com

Residential female substance abuse program and children can accompany mother.
www.sacna.org

Ashley Berrios, PhD, LPC is Residential Program Coordinator

Narcotics Anonymous

1-800-239-5509

Alcoholics Anonymous Answering Service

256-386-0663

Riverbend Center for Mental Health (See Page 12)

The Den

600 St. Clair Avenue
Huntsville, Alabama
256-536-4700

A comprehensive substance abuse treatment program for minority men ages 18-29 who have sex with men.

Celebrate Recovery

York Terrace Baptist Church
1401 East 30th Street
Sheffield, Alabama 35660
256-383-6482
www.cr.ytbc@gmail.com

Recovery groups; chemical dependency; life struggles.

17. TOBACCO ABUSE

Tobacco Elimination

Free Help
1-800-784-8669
www.alabamاقuitnow.com
www.quitnowalabama.com
Melanie Dickens: 256-765-7557; 256-764-7453

18. DISASTER AND/OR FIRE ASSISTANCE

American Red Cross

318 South Court Street
Florence, Alabama 35630
256-764-2911
North Alabama District Headquarters
256-536-0084

Provides blood; open lines of communications with U.S. military members; respond to disasters.

The Salvation Army (See Page 10)

Sheffield First Presbyterian Church (See Page 8)

19. SUPPORT FOR CAREGIVERS

NACOLG (See Page 4)

20. TRANSPORTATION

NACOLG (See Page 4)

First Presbyterian Church (See Page 8)

21. CLASSES ON FINANCES, FAMILY, NUTRITION, GARDENS

Alabama Cooperative Extension Systems (See Page 5)

Colbert will structure a program if enough will participate.

Community Action Agency of Northwest Alabama, Inc. (See Page 9)

Riverbend Center for Mental Health (See Page 12)

First Teacher (See Page 20)

22. HOME HEALTH CARE

Health Departments (See Page 16)

23. SEED, PLANTS AND FERTILIZER

Community Action Agency of Northwest Alabama, Inc. (See Page 9)

Alabama Cooperative Extension System (See Page 5)

24. FOOD FOR PETS

Community Action of Northwest Alabama, Inc. (See Page 9)

Food for pets of Meals on Wheels clients.

Shoals Pet Pantry

256-246-9800

www.shoalspetpantry@gmail.com

25. VETERANS, MEN AND WOMEN IN THE MILITARY

Colbert

256-383-8082

Lauderdale

312 South Court Street

Florence, Alabama 35630

256-760-5845

Mental Health and Outpatient Clinic

422 Cox Boulevard

Sheffield, Alabama 35660

256-381-3602; 256-381-9055

Debt management and home loans.

American Red Cross (See Page 23)

Assists with communication with military members.

26. GRIEVING DEATH OF A LOVED ONE

The Healing Place

2409 Wildwood Street
Muscle Shoals, Alabama 35660
P.O. Box 2765
Muscle Shoals, Alabama 35661
256-383-7133 Fax: 256-383-7946
Email: thehealingplace@bellsouth.net
www.thehealingplaceinfo.org

A center for grieving children, teens and families who have suffered the death of a loved one.

27. CARE OF PERSONS WITH LIFE ENDING ILLNESS

Hospice of the Shoals

115 Fairground Road
Florence, Alabama 35630
256-767-6699 Fax: 256-767-3116
www.hospiceoftheshoals.org

Provides care to patients with a life-ending illness.

28. INCOME TAX PREPARATION

Free Income Tax Preparation

1-844-448-2925

Tax Help Line

1-800-829-1040

www.aarp.org/taxaide

1-888-227-7669

From late January to April.

Earned Income Tax Credit

A benefit for working people with low to moderate income. Must meet certain requirements and file a tax return. For more information go to www.irs.gov

29. CAREGIVERS FOR PEOPLE WITH SPECIAL NEEDS

Cerebral Palsy Center

507 N. Hook Street
Tuscumbia, Alabama 35674
256-381-4310

Classes and services for persons with cerebral palsy.

Alabama Institute for Deaf and Blind

512 N. Main
Tuscumbia, Alabama 35674
256-383-3503 Fax: 256-383-3562

Provides education and rehabilitation for deaf, blind and multi-disabled.

NACOLG (See Page 4)

Rehabilitation Services – Easter Seals (See Page 5)

The ARC of the Shoals (See Page 5)

Riverbend Center for Mental Health (See Page 12)

30. CHRISTIAN COUNSELING

Baptist Center

3901 Hatch Boulevard
Sheffield, Alabama 35660
256-383-7021 Fax: 256-383-7305

Professional counseling. Charges based on need.

Celebrate Recovery (See Page 22)

31. FOOD/MEALS

Colbert Caring Center

102 N. Water Street
Tuscumbia, Alabama 35674
256-381-8464

Provides boxed groceries to qualifying applicants. Call for hours and qualifications.

Crosspoint Church of Christ

1350 Cox Creek Parkway
Florence, Alabama 35630
256-764-4073

Food assistance for Lauderdale residents only. Provides bag of staple food items once a month. Call for hours and qualifications for program.

Help Center

621 South Court Street
Florence, Alabama 35630
256-766-7663

Provides food assistance every sixty days.

Heavenly Grace Ministries

505 East Second Street
Sheffield, Alabama 35660
256-314-5969 Fax: same

Provides food bank.

Highland Park Baptist Church

Wilson Dam Highway
Muscle Shoals, Alabama 35661
256-383-0394

Provides food pantry. Call for hours and qualifications for program.

Loaves and Fishes

3102 Northington Court
Florence, Alabama 35633
256-760-9759

Provides groceries out of their warehouse in Florence. Must call to make appointment to complete application for participation in the program. Call 256-760-9759, Monday-Thursday between 8 a.m. and 2 p.m. for further details.

Salvation Army (See Page 10)

Provides canned goods (and other foods such as bread and fresh vegetables when available to those in need. Must be receiving food stamps or income cannot exceed percentage of federal poverty guidelines. Available every 90 days.

Samaritan House (Affiliated with Highland Park Church of Christ)

600 Geneva Avenue
Muscle Shoals, Alabama 35660
256-381-8311

Provides Food Pantry 1st and 3rd Tuesdays of month 9-11 a.m. Call to confirm date and time.

School Meals

Must apply through individual school districts.

St. Vincent De Paul Society

629 south Poplar Street
Florence, Alabama 35630
256-718-0921

Provides food pantry, eligible applicant can receive food up to 4 times a year.

Woodmont Baptist Church

2001 Darby Drive
Florence, Alabama 35630
256-766-1255

Provides food pantry, call for details on time and eligibility requirements.

Prepared Meals

Meals on Wheels

Administered by the Community Action Agency of NW Alabama. (See Page 9)

Volunteers deliver hot meals to elderly homebound and disabled clients
Monday - Friday.

Shepherd's Table

First United Methodist Church
104 E. Third Street
Tuscumbia, Alabama 35674
256-383-2853

Sunday - 12:30 p.m.

Shepherd's Table

First United Methodist Church
415 North Seminary
Florence, Alabama 35630
256-764-5072

Sunday - 12:15 p.m.

Trinity Episcopal Church

410 N. Pine Street
Florence, Alabama 35630
256-764-6149

Monday - 5:00 p.m.

Second Harvest

Sheffield First Presbyterian Church (Across from Park Place)
130 E. Fifth Street
Sheffield, Alabama 35660
256-383-1717
Tuesday – 6:00 p.m.

The Feeding Center

Abundant Grace Church (Behind Hillcrest Motel)
1109 E. 32nd Street
Sheffield, Alabama 35660
256-389-3850
Thursday – 5:45 p.m.

Shoals Community Soup Kitchen

First Presbyterian Church (Next to the Post Office)
224 E. Mobile Street
Florence, Alabama 35630
256-764-2081
Friday and Saturday – 12:00 noon

Cox Boulevard Church of Christ

303 Cox Boulevard
Sheffield, Alabama 35660
256-383-1618
3rd Saturday of Month – 11:30-12:30 p.m.

Mustard Seed Ministry

First Cumberland Presbyterian Church
2422 Darby Drive
Florence, Alabama 35630
256-766-0471
3rd or 4th Saturday of Month – 6:00 p.m.

Feed My Lambs Kitchen Ministry

First Assembly of God
1800 Gusmus Avenue
Muscle Shoals, Alabama 35661
256-383-6540
2nd Monday of Month – 5:30-7:00 p.m.

Sheffield Senior Center

303 2nd Street
Sheffield, Alabama 35660
256-386-5636
Monday-Friday – 11:00 a.m.

32. CLOTHING

Cross Point Church of Christ

1350 Cox Creek Parkway
Florence AL
256-764-4073

Clothes Closet, Lauderdale residents only. Items based on the number of individuals in household. Must present photo ID and proof of address, Friday mornings, doors open 7 a.m. Registration from 8:30 to 10:30 a.m. Call 256-764-4073 for details.

First Baptist Church of Cherokee

305 College Street
Cherokee AL 35616
256-339-4325

Clothes Closet, open every third Saturday of each month from 9 to 11 a.m.

First Presbyterian Church of Sheffield

130 east 5th Street
Sheffield AL 35660
256-383-1717

Clothes Closet, open Monday and Wednesday from 10 to 11 am

Help Center

621 South Court Street
Florence AL 35630
256-766-7663

Clothes Closet, Lauderdale residents only. Call for details

Highland Park Baptist Church

503 South Wilson Dam Road
Muscle Shoals AL 35661
256-383-0394

Clothes Closet, Thursday 9 to 11 am. Picture I'd and social security card required for each exult in household. Can be served once every 30 days.

Salvation Army

205 North Court Street
Florence AL 35630
256-767-4561

Vouchers provided to their thrift store for ten items of clothing and one pair of shoes for each person in the household every ninety days. Call for eligibility requirements.

Samaritan House

600 Geneva Avenue
Muscle Shoals AL 35661
256-381-8311

Clothes Closet, affiliated with Highland Park Church of Christ. 1st and 3rd Tuesday's of the month. 9 to 11 a.m. Call for further details.

Saint Vincent DePaul Society

629 South Poplar Street
Florence AL 35630
256-718-0921

Clothes Closet. Call for details and eligibility.

Woodmont Baptist Church

2001 Darby Drive
Florence AL 35630
256-766-1255

Call for details and eligibility.

First Baptist Church of Sheffield

301 N. Atlanta Avenue
Sheffield, Alabama 35660
256-383-7737

Food pantry. 8:00 a.m.-12:00 noon, Monday-Friday

33. DIAPERS

Bundle of Blessings Diaper Giveaway

Magnolia Church of Christ
2650 Vulcan Avenue
Florence, Alabama 35630
256-767-6776

Provides a child a 2 weeks supply of diapers and wipes (approximately 70 diapers and a package of baby wipes) every 2-3 months as funds allow.